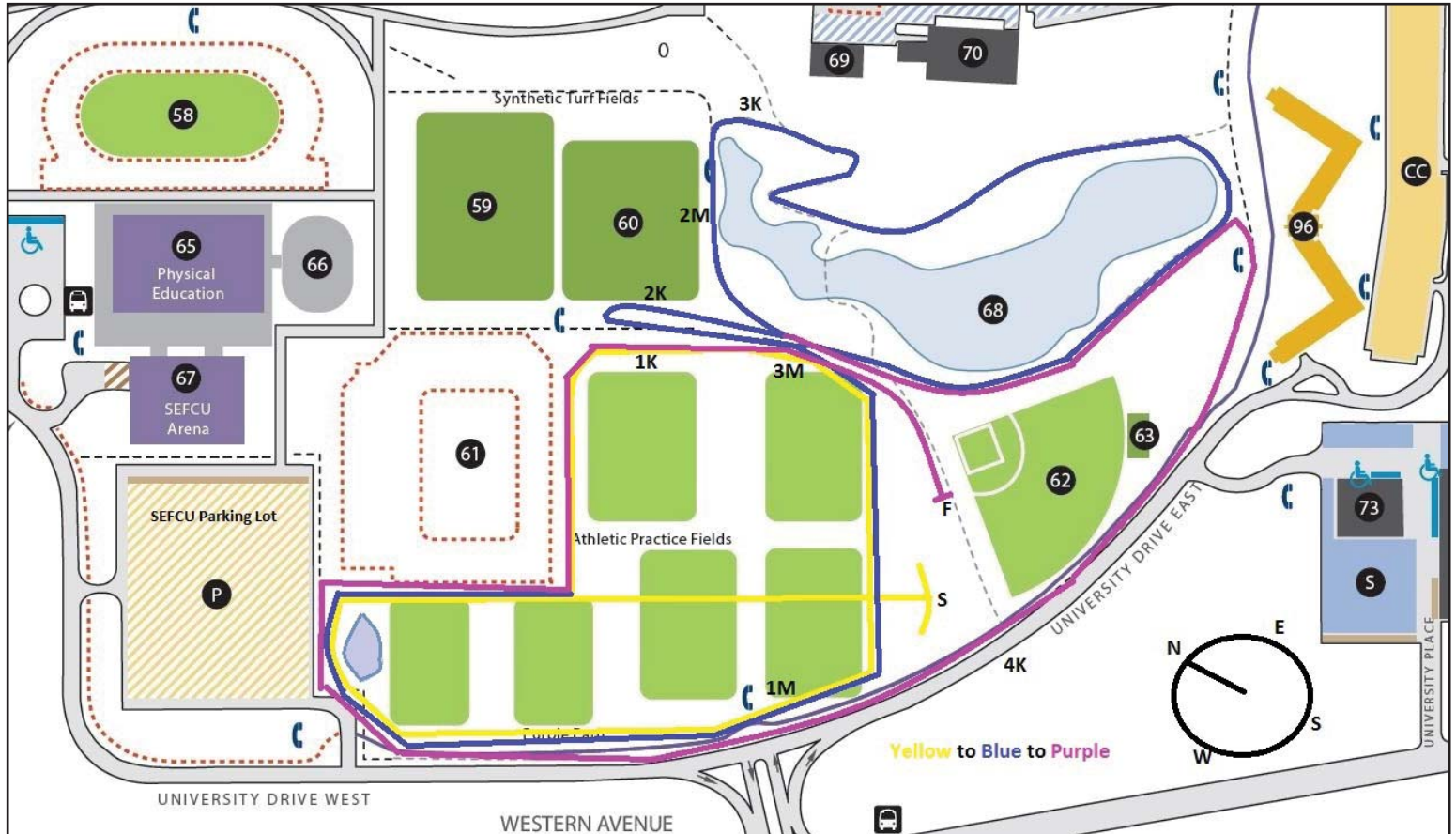


UAlbany Course Maps

Women's 5K



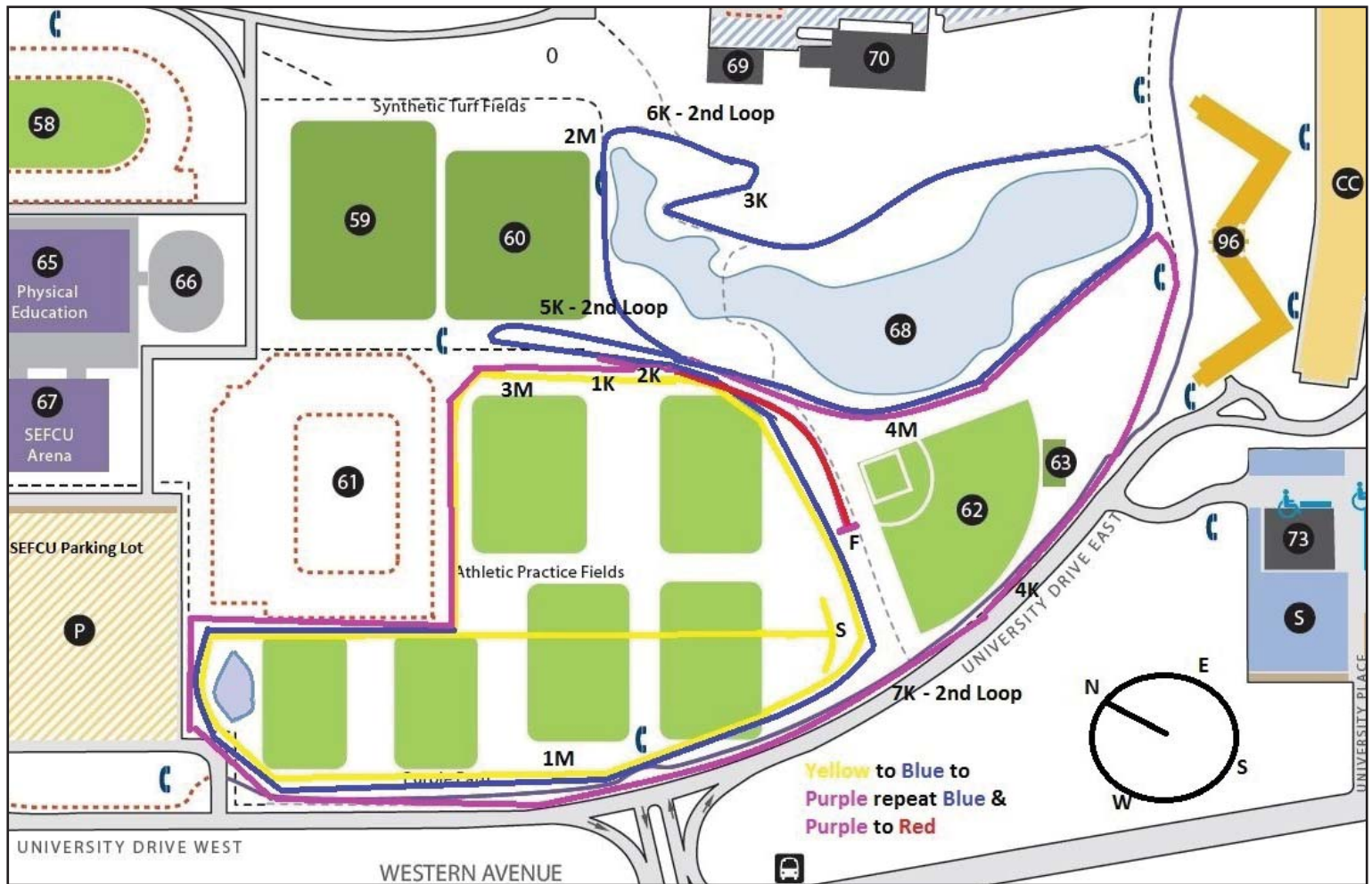
Women's 5K Course Directions

Map Progression: Yellow to Blue to Purple

The women's course is lined with yellow paint. From the starting line, the women follow the yellow (on map) segment around the fields, then transition to the blue segment around the lake. The course then loops around the baseball field, follows University Drive East to the football stadium, before rounding the fields to the finish line (purple segment). **Please note the women's course itself is lined only in yellow**, and the different colors are exclusive to the map to show direction.

UAlbany Course Maps

Men's 8K



Men's 8K Course Directions

Map Progression: Yellow to Blue to Purple, Repeat Blue & Purple, to Red
The men's course is lined with purple paint. From the starting line, the men will follow the yellow (on map) segment around the fields, then transition to the blue segment around the lake. The lake loop feeds into the loop around the baseball field and further down University Drive East (purple segment). After passing the football stadium and rounding the fields, the men will repeat the lake and University Drive East sections, before heading to the finish line (red.) **Please note the men's course itself is lined only in purple**, and the different colors are exclusive to the map to show direction.